

Thursday 3-24-2022		
ES 5min		
	Time	Index
Entry	08:55	4470.00
Close	09:20	4464.50
Total	Long	-5.50
Entry	09:20	4464.50
Close	09:35	4473.75
Total	Short	-9.25
Entry	09:35	4473.75
Close	11:10	4486.00
Total	Long	12.25
Entry	11:10	4486.00
Close	12:22	4489.25
Total	Short	-3.25
Entry	12:22	4489.25
Close	13:50	4485.00
Total	Long	-4.25
Entry	13:50	4485.00
Close	14:15	4496.75
Total	Short	-11.75
Total		-21.75

Friday 3-25-2022						
ES 5min		RTY 5min		CL 1min		
	Time	Index	Time	Index	Time	Index
Entry	08:55	4524.00	09:20	2008.50	09:01	101.58
Close	10:05	4527.00	10:01	2012.60	09:31	102.08
Total	Long	3.00	Long	4.10	Long	0.50
Entry	10:05	4527.00	10:01	2012.60	09:31	102.08
Close	10:45	4508.00	12:45	2019.40	09:52	101.63
Total	Short	19.00	Short	-6.80	Short	0.45
Entry	10:45	4508.00	12:45	2019.40	09:52	101.63
Close	14:10	4519.00	13:10	2008.10	10:12	101.10
Total	Long	11.00	Long	-11.30	Long	-0.53
Entry	14:10	4519.00	13:10	2008.10	10:12	101.10
Close	14:45	4516.75	13:35	2019.20	10:35	99.18
Total	Short	2.25	Short	-11.10	Short	1.93
Entry			13:35	2019.20	10:35	99.18
Close			14:20	2018.80	11:16	98.58
Total			Long	-0.40	Long	-0.60
Entry			14:20	2018.80	11:16	98.58
Close			14:50	2021.20	11:56	99.20
Total			Short	-2.40	Short	-0.63
Entry					11:56	99.20
Close					12:14	98.60
Total					Long	-0.60
Entry					12:14	98.60
Close					13:02	97.23
Total					Short	1.38
Entry					13:02	97.23
Close					13:13	96.60
Total					Long	-0.63
Entry					13:13	96.60
Close					13:35	96.80
Total					Short	-0.20
Entry					13:35	96.80
Close					15:00	97.15
Total					Long	0.35
Total		35.25		-27.90		1.43

Monday 3-28-2022				
ES 5min		RTY 5min		
	Time	Index	Time	Index
Entry	08:55	4540.75	11:40	2050.12
Close	09:25	4534.75	15:00	2074.90
Total	Long	-6.00	Long	24.78
Entry	09:25	4534.75	13:35	4538.50
Close	11:45	4521.11	15:00	4568.50
Total	Short	13.64	Long	30.00
Entry	11:45	4521.11		
Close	15:00	4568.50		
Total	Long	47.39		
Total		55.03		54.78

Tuesday 3-29-2022				
ES 5min		RTY 5min		
	Time	Index	Time	Index
Entry	08:45	4608.75	08:50	2108.20
Close	08:45	4610.50	09:25	2106.20
Total	Short	-1.75	Short	2.00
Entry	08:50	4600.75	09:25	2106.20
Close	09:30	4597.75	11:10	2114.30
Total	Short	3.00	Long	8.10
Entry	09:30	4597.75	11:10	2114.30
Close	11:10	4598.00	12:45	2115.60
Total	Long	0.25	Short	-1.30
Entry	11:10	4598.00	12:45	2115.60
Close	12:45	4599.25	15:00	2130.90
Total	Short	-1.25	Long	15.30
Entry	12:45	4599.25		
Close	15:00	4626.00		
Total	Long	26.75		
Total		27.00		24.10

Wednesday 3-30-2022				
ES 5min		RTY 5min		
	Time	Index	Time	Index
Entry	10:00	4608.00	09:10	2124.10
Close	14:50	4586.25	14:35	2087.10
Total	Short	21.75	Short	37.00
Total		21.75		37.00

Thursday 3-31-2022				
ES 5min		RTY 5min		
	Time	Index	Time	Index
Entry	09:39	4585.50	09:05	2088.20
Close	10:35	4582.75	09:20	2091.50
Total	Long	-2.75	Short	-3.30
Entry	10:35	4582.75	09:20	2091.50
Close	14:05	4578.25	09:25	2085.10
Total	Short	4.50	Long	-6.40
Entry	14:05	4578.25	09:25	2085.10
Close	14:25	4565.25	09:47	2096.30
Total	Long	-13.00	Short	-11.20
Entry	14:25	4565.25	09:47	2096.30
Close	15:00	4534.50	10:20	2089.30
Total	Short	30.75	Long	-7.00
Entry			10:20	2089.30
Close			15:00	2067.00
Total			Short	22.30
Total		19.50		-5.60

Friday 4-1-2022				
ES 5min		RTY 5min		
	Time	Index	Time	Index
Entry	09:10	4537.25	09:10	2082.20
Close	09:15	4537.00	09:30	2073.90
Total	Long	-0.25	Short	8.30
Entry	09:15	4526.75	09:30	2079.60
Close	09:50	4527.50	10:30	2081.70
Total	Short	-0.75	Long	2.10
Entry	09:50	4532.00	10:30	2079.20
Close	10:30	4527.00	12:35	2066.80
Total	Long	-5.00	Short	12.40
Entry	10:30	4523.75	12:35	2071.90
Close	12:40	4515.00	14:15	2084.20
Total	Short	8.75	Long	12.30
Entry	12:40	4515.75	14:15	2079.70
Close	14:15	4528.25	14:55	2085.50
Total	Long	12.50	Short	-5.80
Entry	14:15	4519.00		
Close	14:50	4521.25		
Total	Short	-2.25		
Total		13.00		29.30

Tuesday 4-5-2022						
	ES 5min		RTY 5min		CL 1 min	
	Time	Index	Time	Index	Time	Index
Entry	09:10	4559.25	09:55	2066.50	09:38	103.23
Close	09:53	4564.25	10:25	2063.50	09:51	102.80
Total	Short	-5.00	Long	-3.00	Short	0.42
Entry	09:53	4564.25	10:25	2063.50	09:51	102.80
Close	10:20	4555.00	12:00	2062.10	10:28	103.05
Total	Long	-9.25	Short	1.40	Long	0.25
Entry	10:20	4555.00	12:00	2062.10	10:28	103.05
Close	12:10	4552.75	12:45	2060.60	11:20	103.28
Total	Short	2.25	Long	-1.50	Short	-0.23
Entry	12:10	4552.75	12:45	2060.60	11:20	103.28
Close	12:40	4544.75	15:00	2045.00	11:34	102.60
Total	Long	-8.00	Short	15.60	Long	-0.68
Entry	12:40	4544.75			11:34	102.60
Close	15:00	4522.75			12:02	103.23
Total	Short	22.00			Short	-0.63
Entry					12:02	103.23
Close					12:42	103.30
Total					Long	0.08
Entry					12:42	103.30
Close					15:00	100.25
Total					Short	3.05
Total		2.00		12.50		2.27

Wednesday 4-6-2022						
	ES 5min		RTY 5min		CL 1min	
	Time	Index	Time	Index	Time	Index
Entry	09:52	4463.75	09:20	2008.50	09:01	101.58
Close	10:20	4458.50	10:01	2012.60	09:31	102.08
Total	Long	-5.25	Long	4.10	Long	0.50
Entry	10:20	4458.50	10:01	2012.60	09:31	102.08
Close	10:50	4470.00	12:45	2019.40	09:52	101.63
Total	Short	-11.50	Short	-6.80	Short	0.45
Entry	10:50	4470.00	12:45	2019.40	09:52	101.63
Close	11:20	4459.50	13:10	2008.10	10:12	101.10
Total	Long	-10.50	Long	-11.30	Long	-0.53
Entry	11:20	4459.50	13:10	2008.10	10:12	101.10
Close	12:35	4471.25	13:35	2019.20	10:35	99.18
Total	Short	-11.75	Short	-11.10	Short	1.93
Entry	12:35	4471.25	13:35	2019.20	10:35	99.18
Close	13:10	4460.00	14:20	2018.80	11:16	98.58
Total	Long	-11.25	Long	-0.40	Long	-0.60
Entry	13:10	4460.00	14:20	2018.80	11:16	98.58
Close	13:35	4478.25	14:50	2021.20	11:56	99.20
Total	Short	-18.25	Short	-2.40	Short	-0.63
Entry	13:35	4478.25			11:56	99.20
Close	14:20	4482.25			12:14	98.60
Total	Long	4.00			Long	-0.60
Entry	14:20	4482.25			12:14	98.60
Close	15:00	4475.25			13:02	97.23
Total	Short	7.00			Short	1.38
Entry					13:02	97.23
Close					13:13	96.60
Total					Long	-0.63
Entry					13:13	96.60
Close					13:35	96.80
Total					Short	-0.20
Entry					13:35	96.80
Close					15:00	97.15
Total					Long	0.35
Total		-57.50		-27.90		1.43

Thursday 4-7-2022						
	ES 5min		RTY 5min		CL 1min	
	Time	Index	Time	Index	Time	Index
Entry	08:50	4469.50	08:46	2014.60	08:56	97.30
Close	12:05	4457.25	12:05	1988.20	09:19	96.90
Total	Short	12.25	Short	26.40	Short	0.40
Entry	12:05	4457.25	12:05	1988.20	09:19	96.90
Close	15:00	4497.00	14:57	2004.30	09:42	96.60
Total	Long	39.75	Long	16.10	Long	-0.30
Entry					09:42	96.60
Close					10:03	96.40
Total					Short	0.20
Entry					10:03	96.40
Close					10:05	96.13
Total					Long	-0.28
Entry					10:05	96.13
Close					11:22	94.48
Total					Short	1.65
Entry					11:22	94.48
Close					12:45	95.70
Total					Long	1.23
Entry					12:45	95.70
Close					13:20	95.88
Total					Short	-0.17
Entry					13:20	95.88
Close					14:57	97.03
Total					Long	1.15
Total		52.00		42.50		3.87

Friday 4-8-2022					
ES 5min			RTY 5min		
	Time	Index	Time	Index	
Entry	09:22	4476.25	09:10	1995.20	
Close	09:53	4498.50	10:25	2008.80	
Total	Long	22.25	Long	13.60	
Entry	09:22	4476.25	10:25	2008.80	
Close	11:48	4506.50	15:00	1993.20	
Total	Long	30.25	Short	15.60	
Entry	11:48	4506.50			
Close	11:49	4506.25			
Total	Short	0.25			
Entry	12:20	4502.25			
Close	13:55	4499.25			
Total	Short	3.00			
Entry	13:55	4499.25			
Close	14:55	4483.00			
Total	Long	-16.25			
Entry					
Close					
Total					
Total		39.50		29.20	

Monday 4-11-2022					
ES 5min		RTY 5min		CL 1min	
	Time	Index	Time	Index	
Entry	08:45	1985.30	08:41	93.85	
Close	09:40	1991.50	08:59	94.15	
Total	Long	6.20	Short	-0.30	
Entry	09:40	1991.50	08:59	94.15	
Close	12:05	1981.30	09:39	94.05	
Total	Short	10.20	Long	-0.10	
Entry	12:05	1981.30	09:39	94.05	
Close	14:40	1983.80	09:48	94.75	
Total	Long	2.50	Short	-0.70	
Entry			09:48	94.75	
Close			10:25	95.18	
Total			Long	0.42	
Entry			10:25	95.18	
Close			12:42	94.48	
Total			Short	0.70	
Entry			12:42	94.48	
Close			13:30	94.23	
Total			Long	-0.25	
Entry			13:30	94.23	
Close			14:30	94.35	
Total			Short	-0.12	
Entry			14:30	94.35	
Close			15:00	94.90	
Total			Long	0.55	
Total	0.00	0.00		1.76	

Tuesday 4-12-2022					
ES 5min		RTY 5min		CL 1min	
	Time	Index	Time	Index	
Entry	08:45	4450.25	09:20	2015.60	09:11 99.20
Close	09:20	4449.50	10:30	2018.30	09:18 99.75
Total	Long	-0.75	Short	-2.70	Short -0.55
Entry	09:20	4449.50	10:30	2018.30	09:18 99.75
Close	10:26	4448.00	11:10	2010.00	10:47 100.45
Total	Short	1.50	Long	-8.30	Long 0.70
Entry	10:26	4448.00	11:10	2010.00	10:47 100.45
Close	11:10	4438.50	14:50	1984.20	10:54 100.98
Total	Long	-9.50	Short	25.80	Short -0.52
Entry	11:10	4438.50			10:54 100.98
Close	14:50	4391.50			11:19 100.60
Total	Short	47.00			Long -0.38
Entry					11:19 100.60
Close					12:01 100.78
Total					Short -0.18
Entry					12:01 100.78
Close					12:31 100.65
Total					Long -0.13
Entry					12:31 100.65
Close					13:07 100.63
Total					Short 0.03
Entry					13:07 100.63
Close					13:29 100.58
Total					Long -0.05
Entry					13:29 100.58
Close					14:59 100.63
Total					Short -0.05
Total	38.25		14.80		-1.12

Wednesday 4-13-2022						
	ES 5min		RTY 5min		CL 1min	
	Time	Index	Time	Index	Time	Index
Entry	08:40	4400.75	09:10	1996.30	08:45	102.25
Close	08:44	4406.00	09:45	2002.90	09:34	101.75
Total	Long	5.25	Short	-6.60	Short	0.50
Entry	08:44	4406.00	09:45	2002.90	09:34	101.75
Close	08:44	4406.25	15:00	2022.10	10:05	101.95
Total	Short	-0.25	Long	19.20	Long	0.20
Entry	08:44	4406.25			10:05	101.95
Close	09:10	4391.25			10:19	102.48
Total	Long	-15.00			Short	-0.52
Entry	09:10	4391.25			10:19	102.48
Close	09:25	4407.00			10:31	102.33
Total	Short	-15.75			Long	-0.15
Entry	09:25	4407.00			10:31	102.33
Close	15:00	4442.25			10:45	102.98
Total	Long	35.25			Short	-0.65
Entry					10:45	102.98
Close					12:51	103.78
Total					Long	0.80
Entry					12:51	103.78
Close					13:10	104.33
Total					Short	-0.55
Entry					13:10	104.33
Close					13:20	103.95
Total					Long	-0.38
Entry					13:20	103.95
Close					13:29	104.40
Total					Short	-0.45
Entry					13:29	104.40
Close					15:00	104.28
Total					Long	-0.13
Total		9.50		12.60		-1.32

Thursday 4-14-2022						
	ES 5min		RTY 5min		CL 1min	
	Time	Index	Time	Index	Time	Index
Entry	08:45	4435.00	08:40	2021.20	08:47	102.90
Close	10:05	4425.25	09:05	2027.30	09:05	103.30
Total	Short	9.75	Short	-6.10	Short	-0.40
Entry	10:05	4425.25	09:05	2027.30	09:05	103.30
Close	10:46	4416.75	09:10	2017.60	09:18	103.15
Total	Long	-8.50	Long	-9.70	Long	-0.15
Entry	10:46	4416.75	09:10	2017.60	09:18	103.15
Close	12:45	4415.00	12:45	2011.30	09:28	103.50
Total	Short	1.75	Short	6.30	Short	-0.35
Entry	12:45	4415.00	12:45	2011.30	09:28	103.50
Close	13:25	4414.25	13:35	2010.20	09:28	103.40
Total	Long	-0.75	Long	-1.10	Long	-0.10
Entry	13:25	4414.25			09:28	103.40
Close	15:00	4386.75			09:31	103.55
Total	Short	27.50			Short	-0.15
Entry					09:31	103.55
Close					09:53	103.18
Total					Long	-0.38
Entry					09:53	103.18
Close					10:29	103.28
Total					Short	-0.10
Entry					10:29	103.28
Close					10:50	102.78
Total					Long	-0.50
Entry					10:50	102.78
Close					10:57	103.23
Total					Short	-0.45
Entry					10:57	103.23
Close					13:29	106.73
Total					Long	3.50
Entry					13:29	106.73
Close					15:00	106.28
Total					Short	0.45
Total		29.75		-10.60		1.38

	ES 5min	RTY 5min	CL 1min
Trading days	14	14	8
Winning day	12	10	6
Total (pt)	263.28	184.78	9.69
Total (\$)	13164.00	9239.00	9690.00

(based on 1 contract size)